



BECK'S MARTIAL ARTS FITNESS

SCHEDULE BEGINS MONDAY JANUARY 6TH, 2025

8017 FIRST ST. UNIT F WELLINGTON * WWW.BECKSMARTIALARTS.COM * 970-488-9086

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
YOGA 6:30 - 7:30		YOGA 6:30 - 7:30		YOGA 6:30 - 7:30	DYNAMICS GYMNASTICS (AGES 3 - 13) 9:00 - 12:00	
GROUP TRAINING 9:00- 11:00	GROUP TRAINING 9:00- 11:00	GROUP TRAINING 9:00- 11:00	GROUP TRAINING 9:00- 11:00	GROUP TRAINING 9:00- 11:00	DYNAMICS GYMNASTICS (AGES 5 - 13) 12:00 - 1:30	

TAEKWONDO TIGERS 4:15 - 4:45	TAEKWONDO JUNIOR SPARRING 4:15 - 4:45	TAEKWONDO TIGERS 4:15 - 4:45		DYNAMICS GYMNASTICS (AGES 5 - 13) 4:30 - 6:00	BIRTHDAY PARTIES 3:00 - 5:00
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TAEKWONDO BEGINNERS (AGES 7 - 13) 4:45 - 5:25	TAEKWONDO JUNIOR WEAPONS 4:50 - 5:20	TAEKWONDO BEGINNERS (AGES 7 - 13) 4:45 - 5:25
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TAEKWONDO ADVANCED (AGES 7 - 13) 5:25 - 6:05	KIDS JIUJITSU 5:30 - 6:15	TAEKWONDO ADVANCED (AGES 7 - 13) 5:25 - 6:05	KIDS JIUJITSU 5:30 - 6:15
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TAEKWONDO ADULTS (AGES 14 & UP) 6:05 - 6:50	ADULT JIUJITSU 6:15 - 7:15	TAEKWONDO ADULTS (AGES 14 & UP) 6:05 - 6:50	ADULT JIUJITSU 6:15 - 7:15
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2025 PROGRAMS

-TAEKWONDO -
becksmartialarts.com

-BRAZILIAN JIUJITSU -
locknrolljiujitsu.com

-GYMNASTICS -
dynamic-tumbling-and-gymnastics-
dance.square.site

-YOGA -
ridewaveyoga.com

2025 WINTER EVENTS

NEW CLASSES ON TUESDAYS!

JAN 6 - CLASSES RESUME * FEB 7 - BLOOD DRIVE @ BECKS WELLINGTON

FEB 12 - BECKS EAGLES HOCKEY NIGHT * FEB 28 & MAR 1 - CYCLE 1 RANK TESTING

MAR 8 - REGIONAL TOURNAMENT * MAR 17 - 21 - PSD SPRING BREAK